



# ESL Virtual Learning

# Study Skills

April 21, 2020

## Lesson: April 21, 2020

### Objectives:

1. Students will learn how to get started on Online Learning.
2. Students will focus on making the most of your resources.
3. Students will take a Virtual Field Trip to the Nelson Atkins Museum and have private tour with the museum Director Julián Zugazagoitia.
4. Student will practice being POSITIVE!

# Study Skills E-LEARNING Tuesday, April 21st





## **Thoughtful Tuesday**

**Today we will discuss how to deal with setbacks.**

**Continue to do what you need to do so you can get the best grade for 2nd Semester.**

**We are going to practice being positive!**

# Tuesday's Tip

## 8 Tips for Making Studying Online Successful

1. Be Positive
2. Get Organized and Stay Organized
3. Establish a Flexible Routine
4. Set Personal Goals
5. Make the Most of Your Resources
6. Start on Track and Stay on Track
7. Exercise with Friends Online
8. **Learn to Deal with Setbacks**



# Let's talk about #8



## How to Deal with Setbacks

- Everyone has them! Every person who succeeds has had to struggle to get there.
- When you get a bad grade, have an argument with a friend, or experience other frustrations, realize that this is a learning experience.
- Talk to someone to get another point of view—you could be worried about something that's pretty small in the long run.
- To move forward, you must take responsibility for what you've done (or not done) and decide to change your behavior in the future.
- Making a plan for achieving greater success in the future will help you build confidence too!

# Prove Them Wrong

We all have setbacks, obstacles, problems but you can overcome them. First control what you can control. Next take action and do whatever you need to do and do it better.

OVERCOMING OBSTACLES

What is your  
obstacle to  
overcome?





**A Weekly Check In! If you have not done so, I would like you to take this weekly survey letting us know how you are doing.**





# *Things to Remember from Last Week*

- Contact your teachers, tell them hello. We miss you!
- There is still time to improve your grades for 2nd semester.
- You can still get a Chromebook at Truman High School. Go to the school from 11:00a.m. to 1:00p.m. Your parent needs to go to sign a waiver.
- Go to this link that was shared in an email by Dr. Herl to get free WiFi. <https://corporate.comcast.com/covid-19>
- Here is a [Spanish video](#) on how you can use your cell phone as a HOT SPOT. Please share this with all the other ESL students.



# Thoughtful Tuesday

*Kindness makes a fellow feel good  
whether it's being done to him or by him.*

*Frank A. Clark*

*Perform a simple act of kindness toward  
another.*

*Witness Happiness.*

*It will change you!*

*Share it to us in an email.*

The smallest  
act of  
kindness  
is worth more  
than the grandest  
intention.

**This ends another day. I hope  
it was a great day for you.  
Don't forget teachers are  
available to help you. You  
need to email us.  
See you tomorrow.**

**Mrs. Lamas**

